



SGT UNIVERSITY
SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR

PflegeAssociation under the Department of Obstetrics and Gynecological Nursing, SGT University - Faculty of Nursing organized

Event: Psychological Wellbeing of patients and their family members during COVID”

Organizers:

Nightingale Association of Stress Management, department of Mental Health Nursing, Faculty of Nursing

Objective of the programme:

Audience :

Students, faculties of Sgt University and various other colleges and universities & General people

Speaker: Dr. KK Aggarwal , President, CMAAO and HCFI.

Total Participants : 156

BRIEF REPORT OF THE PROGRAMME: Nightingale Association of Stress Management constituted under the Department of Mental Health Nursing Organized a Webinar on “Psychological Wellbeing of patients and their family members during COVID” on 16th April 2021 in collaboration with Heart Care Foundation of India (HCFI) under the leadership of Dr. K. K. Aggarwal, President, CMAAO and HCFI. The topic of the webinar was “**Psychological wellbeing of patients and family members during COVID**”.

The session commenced with a welcome speech by Ms. Raman Deep, Associate Professor, Faculty of Nursing, SGT University. Dr. K. K. Aggarwal deliberated on the topic of the day in a very illustrative way explaining our anxieties and stress through the examples from holy book of ‘Geeta’.. Ms. Arti, Assistant Professor, FON, SGT University, proposed the Vote of Thanks at the end of the program,

There were around 252 participants from various colleges of Nursing including FON, SGT University. Faculty and students discussed various mental health issues with the key speaker Dr. K. K. Aggarwal. The program was highly successful and appreciated by all.



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JOIN US ON
 LIVE

Heart Care Foundation of India
Organizes a live webinar in collaboration with
Nightingale Association of stress management under
Department of Mental Health Nursing, SGT University

TOPIC: Psychological wellbeing of patients & their family members during COVID.
DATE: Friday, 16th April, 2021
TIME: 10 AM

Speaker

DR KK AGGARWAL
President
CMAAO & HCFI

Co-organizer

Ms Ramandeep Kaur
Associate Professor
Faculty of Nursing
SGT University, Gurugram

Ms Arti
Assistant Professor
Faculty of Nursing
SGT University, Gurugram

Join us live
Zoom Link: <https://us02web.zoom.us/j/84147311677>

Live on Facebook
facebook.com/drkkaggarwal

Meeting ID Zoom: 841 4731 1677

Live on Youtube
youtube.com/kkaggarwal

E banner of the Event

The screenshot shows a Zoom meeting in progress. The main window displays a grid of 25 participants. The top row includes Ruqaiya Saleem, Vishal, and Fatima Karan. The top right corner features a large video of the speaker, Dr. KK Aggarwal, with a banner for the event. The chat window on the right shows a list of participants, including Dr. Motilal Verma and Dr. Neha Dubey. The chat history includes a message: "or mujhe koi dikkat nahi ho rhi hai sir corona nikal diya mujhe" and a response: "1:15 sec saans rok leta hu mein sir ji". The bottom of the screen shows the Windows taskbar with the time 10:34 AM on 4/16/21.

Participants of the event



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Session by Dr. KK Aggarwal Psychological wellbeing of patients and family members during COVID



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ATTENDANCE SHEET

Event: Psychological wellbeing of Patient's and Family

Date: 16th April 2021

S.No	Name of student	Remark
1.	Aakanksha	P
2.	Aarushi	P
3.	Akshay	P
4.	Anisha	P
5.	Babita	P
6.	Bharat singh	P
7.	Dheeraj	P
8.	Disha	P
9.	Divya	P
10.	Divya	P
11.	Dolti	P
12.	Ekta	P
13.	Ekta	P
14.	Gayatri	P
15.	Ishu	P
16.	Jahnvi	P
17.	Jitender	P
18.	Kajal	P
19.	Kanika	P
20.	Komal	P
21.	Komal	P
22.	Latika	P
23.	Lydia biju	P
24.	Meeta	P
25.	Monika	P
26.	Muskan	P
27.	Nabam yani	P
28.	Nancy	P
29.	Nancy	P
30.	Neeraj	P
31.	Neetu	P
32.	Neha	P
33.	Nidhi	P
34.	Nisha	P
35.	Pooja	P

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37.	Pooja	P
38.	Preety	P
39.	Purnima	P
40.	Ritika	P
41.	Riya dahiya	P
42.	Riya	P
43.	Rohit kumar	P
44.	Ruby	P
45.	Sachin	P
46.	Sakshi	P
47.	Sakshi	P
48.	Sanju dagar	P
49.	Km. Sarita	P
50.	Shagun	P
51.	Sheetal	P
52.	Shefali	P
53.	Shilpi	P
54.	Shivani	P
55.	Simran	P
56.	Simran	P
57.	Sonali	P
58.	Sonia	P
59.	Suriya	P
60.	Swati kesari	P
61.	Versha	P
62.	Versha	P
63.	Vikas	P
64.	Vineeta	P
65.	Wasim	P
66.	Yogesh kumar	P
67.	Yukta	P
68.	Deepika	P
69.	Shallu	P
70.	Deepika	P
71.	Rajni	P
72.	Sonam	P
73.	Krishan	P
74.	Komal	P
75.	Priya	P
76.	Karen	P
77.	Vanshika	P
78.	Anju	P
79.	Aakansha	P
80.	Syed anwar	P



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81.	Tanya yadav	
82.	Mandeep	
83.	Monika	
84.	Sweta singh	
85.	Annu	
86.	Tamanna	
87.	Ritu	
88.	Divya	
89.	Sonia	
90.	Preeti jaiswal	
91.	Poornima	
92.	Ritu tomar	
93.	Mehak	
94.	Kum rachna	
95.	Seema kumari	
96.	Neetu lobana	
97.	Harshit yadav	
98.	Arun kumar	
99.	Tanya yadav	
100	Mandeep	
101	Monika	
102	Riya	
103	Parul	
104	Vinay yadav	
105	Sweety gahlot	
106	Nisha	
107	Faraz ahmed	
108	Km minu chauhan	
109	Mansi sharma	
110	Harjinder kaur	
111	Hemant	
112	Himanshu kaushik	
113	Upasana chaudhary	
114	Bhawna sharma	
115	Nikita	
116	Shikshit kumar	
117	Amit sehrawat	
118	Ankaj karadodia	
119	Vikash kumar	
120	Sipora tudu	
121	Sheetal	
122	Shalinee bharti	
123	Neha	
124	Bharti	
125	Pooja kumari	

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126	Amit	
127	Suraj	
128	Milan yadav	
129	Shrayansh	
130	Ritika sehwat	
131	Shiv om	
132	Chetna mathpal	
133	Deepti	
134	Varsha yadav	
135	Niranjana shridhar	
136	Prince raj	
137	Pankaj	
138	Vaibhav jangra	
139	Akanksha	
140	Nancy mathur	
141	Simran	
142	Soniya	
143	Komal	
144	Ankita sharma	
145	Himanshi	
146	Jyoti yadav	
147	Nancy	
148	Varsha	
149	Mohmmad lateef ganai	
150	Aasif	
151	Navjit kaur pandher	
152	Raushan kumar kamat	
153	Himani	
154	Anjali	
155	Suman	
156	Anju	

(Signature)