



SGT UNIVERSITY
SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC & AICTE Approved) Gurugram, Delhi-NCR

PflegeAssociation under the Department of Obstetrics and Gynecological Nursing, SGT University - Faculty of Nursing organized

Event: Psychological Wellbeing of patients and their family members during COVID”

Organizers:

Nightingale Association of Stress Management, department of Mental Health Nursing, Faculty of Nursing

Objective of the programme:

Audience :

Students, faculties of Sgt University and various other colleges and universities & General people

Speaker: Dr. KK Aggarwal , President, CMAAO and HCFL.

Total Participants : 156

BRIEF REPORT OF THE PROGRAMME: Nightingale Association of Stress Management constituted under the Department of Mental Health Nursing Organized a Webinar on “Psychological Wellbeing of patients and their family members during COVID” on 16th April 2021 in collaboration with Heart Care Foundation of India (HCFL) under the leadership of Dr. K. K. Aggarwal, President, CMAAO and HCFL. The topic of the webinar was “**Psychological wellbeing of patients and family members during COVID”**.

The session commenced with a welcome speech by Ms. Raman Deep, Associate Professor, Faculty of Nursing, SGT University. Dr K K Aggarwal deliberated on the topic of the day in a very illustrative way explaining our anxieties and stress through the examples from holy book of ‘Geeta’.. Ms. Arti, Assistant Professor, FON, SGT University, proposed the Vote of Thanks at the end of the program,

There were around 252 participants from various colleges of Nursing including FON, SGT University. Faculty and students discussed various mental health issues with the key speaker Dr. K K Aggarwal. The program was highly successful and appreciated by all.



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HEART CARE FOUNDATION OF INDIA
DR KK AGGARWAL RESEARCH FUND

PERFECT HEALTH MELO
EXHIBITIONS, COMPETITIONS, SHOWS LIFE & ENTERTAINMENT

CMAAO
1955

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JOIN US ON

LIVE

Heart Care Foundation of India

Organizes a live webinar in collaboration with

Nightingale Association of stress management under
Department of Mental Health Nursing, SGT University

**TOPIC: Psychological wellbeing of patients &
their family members during COVID.**

DATE: Friday, 16th April, 2021

TIME: 10 AM

Speaker

DR KK AGGARWAL
President
CMAAO & HCFI

Co-organizer

Ms Ramandeep Kaur
Associate Professor
Faculty of Nursing
SGT University, Gurugram

Ms Arti
Assistant Professor
Faculty of Nursing
SGT University, Gurugram

Join us live

Zoom Link: <https://us02web.zoom.us/j/84147311677>

Live on Facebook
facebook.com/drkkaggarwal

Meeting ID Zoom: 841 4731 1677

Live on Youtube
youtube.com/kkaggarwal

E banner of the Event

Zoom Meeting

LIVE on Facebook

Participants (254)

Find a participant

Waiting Room (2) [Message](#) [Admit all](#)

DM Dr. Motilal Verma

Dr.Neha Dubey

In the Meeting (254)

4

[Invite](#) [Mute All](#) [...](#)

Chat

hai kya

or mujhe koi dikkat nahi ho rhi hai sir corona nikal diya mujhe

1:15 sec saans rok leta hu mein sir ji

To: **Everyone** [File](#) [...](#)

Type message here...

Type here to search

10:34 AM 4/16/21

Participants of the event



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Zoom Meeting

Participants (253)

Find a participant

Waiting Room (3) Message Admit all

DM Dr. Motilal Verma
Dr. Neha Dubey
RP Ravendra Pratap Chaurasiya

4
Invite Mute All

Chat

mein sir ji

From Prof. Dr Ashia Qureshi to Everyone:

We are all Arjun and DR KK IS OUR KRISHNA. If we all follow Krishna advises, peace will prevail in the world 🙏❤️

To: Everyone File

Type message here...

DR KK Aggarwal

10:34 AM 4/16/21

Session by Dr. KK Aggarwal Psychological wellbeing of patients and family members during COVID



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ATTENDANCE SHEET

Event: Psychological wellbeing of Patient's and Family

Date: 16th April 2021

S.No	Name of student	Remark
1.	Aakanksha	P
2.	Aarushi	P
3.	Akshay	P
4.	Anisha	P
5.	Babita	P
6.	Bharat singh	P
7.	Dheeraj	P
8.	Disha	P
9.	Divya	P
10.	Divya	P
11.	Dolti	P
12.	Ekta	P
13.	Ekta	P
14.	Gayatri	P
15.	Ishu	P
16.	Jahnvi	P
17.	Jitender	P
18.	Kajal	P
19.	Kanika	P
20.	Komal	P
21.	Komal	P
22.	Latika	P
23.	Lydia biju	P
24.	Meeta	P
25.	Monika	P
26.	Muskan	P
27.	Nabam yani	P
28.	Nancy	P
29.	Nancy	P
30.	Neeraj	P
31.	Neetu	P
32.	Neha	P
33.	Nidhi	P
34.	Nisha	P
35.	Pooja	P

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37.	Pooja	P
38.	Preety	P
39.	Purnima	P
40.	Ritika	P
41.	Riya dahiya	P
42.	Riya	P
43.	Rohit kumar	P
44.	Ruby	P
45.	Sachin	P
46.	Sakshi	P
47.	Sakshi	P
48.	Sanju dagar	P
49.	Km. Sarita	P
50.	Shagun	P
51.	Sheetal	P
52.	Shefali	P
53.	Shilpi	P
54.	Shivani	P
55.	Simran	P
56.	Simran	P
57.	Sonali	P
58.	Sonia	P
59.	Suriya	P
60.	Swati kesari	P
61.	Versha	P
62.	Versha	P
63.	Vikas	P
64.	Vineeta	P
65.	Wasim	P
66.	Yogesh kumar	P
67.	Yukta	P
68.	Deepika	P
69.	Shallu	P
70.	Deepika	P
71.	Rajni	P
72.	Sonam	P
73.	Krishan	P
74.	Komal	P
75.	Priya	P
76.	Karen	P
77.	Vanshika	P
78.	Anju	P
79.	Aakansha	P
80.	Syed anwar	P

(Signature)



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81.	Tanya yadav	
82.	Mandeep	
83.	Monika	
84.	Sweta singh	
85.	Annu	
86.	Tamanna	
87.	Ritu	
88.	Divya	
89.	Sonia	
90.	Preeti jaiswal	
91.	Poornima	
92.	Ritu tomar	
93.	Mehak	
94.	Kum rachna	
95.	Seema kumari	
96.	Neetu lobana	
97.	Harshit yadav	
98.	Arun kumar	
99.	Tanya yadav	
100	Mandeep	
101	Monika	
102	Riya	
103	Parul	
104	Vinay yadav	
105	Sweety gahlot	
106	Nisha	
107	Faraz ahmed	
108	Km minu chauhan	
109	Mansi sharma	
110	Harjinder kaur	
111	Hemant	
112	Himanshu kaushik	
113	Upasana chaudhary	
114	Bhawna sharma	
115	Nikita	
116	Shikshit kumar	
117	Amit sehwat	
118	Ankaj karadodia	
119	Vikash kumar	
120	Sipora tudu	
121	Sheetal	
122	Shaline bharti	
123	Neha	
124	Bharti	
125	Pooja kumari	

(Signature)



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126	Amit	P
127	Suraj	P
128	Milan yadav	P
129	Shrayansh	P
130	Ritika sehwat	P
131	Shiv om	P
132	Chetna mathpal	P
133	Deepti	P
134	Varsha yadav	P
135	Niranjana shridhar	P
136	Prince raj	P
137	Pankaj	P
138	Vaibhav jangra	P
139	Akanksha	P
140	Nancy mathur	P
141	Simran	P
142	Soniya	P
143	Komal	P
144	Ankita sharma	P
145	Himanshi	P
146	Jyoti yadav	P
147	Nancy	P
148	Varsha	P
149	Mohmmad lateef ganai	P
150	Aasif	P
151	Navjit kaur pandher	P
152	Raushan kumar kamat	P
153	Himani	P
154	Anjali	P
155	Suman	P
156	Anju	P

(Signature)